



2012 Capital Soccer Club CVMCC Training Schedule

U10 Youth Academy – Thursday's 4:30-5:30

U11 Boys – Tuesday's 6-7

U12 Boys – Monday's 6:30-7:30

U13 Boys – Thursday's 6:30-7:30

U15 Boys – Monday's 7:30-8:30

U16 Boys – Tuesday's 7-8

U11 Girls – Monday's 6:30-7:30

U12 Girls – Thursday's 4:30-5:30

U14 Girls – Thursday's 7:30-8:30

U15 Girls – Thursday's 5:30-6:30

U16 Girls – Wednesday's 7-8

Goalkeeper Training – Monday's 5:30-6:30