

**2011-2012
PLAYER/FAMILY CONTRACT**

Welcome to the Capital Soccer Club!

Mission Statement

Capital Soccer Club Incorporated is committed to achieving soccer excellence in Vermont through quality instruction and competition in a challenging, supportive environment.

Capital Soccer promotes Passion for the game of soccer at every level, encouraging ongoing participation by players, fans, and community members.

Capital Soccer is founded on the principles of Fair Play, Sportsmanship, and Community Spirit. Its directors, staff, and participants appreciate the role that constructive athletic programs play in enhancing individual character and civic pride, and seek to integrate soccer into the region's tradition of strong community involvement in local sports.

Athletes as Role Models

All athletes are expected, as members of the Capital Soccer Club, to be positive role models on and off the field.

Capital Soccer will:

1. Prepare and provide high quality training sessions for each team
2. Provide team and individual evaluation
3. Provide an organized approach to training and traveling
4. Play our part in healthy youth development through the medium of team sports
5. Provide age-appropriate technical and tactical training
6. Dedicate concerted time and energy to developing quality players and maintaining a high level of competitive play at the premier level

Roster and Playing Time

1. Capital Soccer does not guarantee playing time to any player. Head coaches will determine playing time with the interest of the team and the club in mind. Coaches will provide feedback to players regarding their performance. However, players are encouraged to dialogue with the coach if they do not understand expectations.

2. Maximum roster size varies between events, tournaments, and leagues. In some cases, Capital Soccer Club teams may carry a roster larger than some event limits. In such an event, the head coaches will select the most competitive team for the event. Players understand that they must compete for a spot on the final league/tournament roster.

Player agrees to:

1. Consistently participate in the training sessions, matches and meetings.
Winter indoor training (team, technical and Strength & Conditioning training)
Highly Recommended
Spring/Summer (outdoor training, matches, and tournament play)-
Mandatory
2. Make soccer your sport of priority during our primary season (March to Mid-July (end of July for some teams)).
3. Obtain prior approval from the head coach for all planned absences. At the discretion of the Coach, absences from Spring/Summer events may result in less playing time.
4. Participate in club activities with maximum effort and enthusiasm
5. Maintain all uniforms and equipment, and bring all necessary equipment (shirts, extra shirts, shorts, socks, appropriate shoes, etc.) to each event
6. Develop and maintain physical and mental fitness
7. Demonstrate and consistently practice appropriate behavior and language at all times, exhibited by positive and cooperative attitudes and actions on and off the field
8. Serve as a role model for younger players
9. Adhere to club rules, policies, and curfews

Our schedule will roughly follow this format

1. Winter weekly indoor training sessions and strength and conditioning training
 - Winter – Indoor matches
2. Spring/Summer Regular outdoor weekly training sessions (2-3 sessions per week) beginning in late April/May, depending on age group.
3. Non-league (friendly) matches beginning in April or early May
4. League play: League TBD (VSL, NEPYSL, Region I Director's League, Super Y League)
5. Three USYSA sanctioned tournaments
6. Vermont State Cup matches – state champion goes to Region I Championships.
7. Total season schedule includes approximately 40 matches between league play, tournament play & friendly matches.

Curfews and Travel Rules:

1. All players will follow curfews, set by coaches.

2. Socializing with members of the opposite sex will take place only outside of hotel rooms. Only the coach, or his/her representative, will make any exception to this rule.
3. Coaches may set rules or regulations as deemed necessary.
3. All players on teams through and including the U-18s must room with at least one parent.

Drug and Alcohol Policy

Use or possession of any alcohol or tobacco product, or any illegal substance, at any Club-sponsored function by any Capital player will result in immediate suspension or removal from the Capital Soccer Club for the duration of the playing season and forfeiture of all fees upon review of the Directors.

Fees

The basic annual fees are \$880 (U11-U19) or \$780 (U10 Advanced Youth Academy). The fee covers indoor league play, outdoor league, training, and tournament play, USYSA registration, and one coach and one assistant coach per team. The fee does not include any expenses related to travel or uniform costs. All fees must be paid in full by the assigned payment deadlines.

Parents agree to:

1. Support the athletes and the coaches in a positive manner
2. Not interfere or undermine, in any way the coaching and, the play of the game.
3. Provide support without coaching during club events.
4. Provide or arrange transportation to all club events when necessary
5. Ensure timely payment of club fees
6. Provide volunteer support to individual teams and/or Capital Soccer Club when necessary

PLAYER NAME

(please
print) _____ TEAM _____

I, _____ (player signature) have read and agree to abide by the above policies and regulations.

I, _____ (parent/guardian signature) have read and agree to support the above policies and regulations.

TO INSURE YOUR POSITION ON THE TEAM ROSTER THIS CONTRACT MUST BE SIGNED AND RETURNED WITH A \$375.00 (\$325.00 deposit for Advanced Youth Academy) NON-REFUNDABLE DEPOSIT, COPY OF BIRTH CERTIFICATE (new club players only) TO CAPITAL SOCCER Club NO LATER THAN October 1st, 2011.

Please submit all items to Capital Soccer Club Incorporated, 4 North Park Drive, Montpelier, VT 05602