



# The Dragon Method

## *Summer Soccer Series*



## **Train to Compete**

Summer Strength & Conditioning Clinics

- Montpelier High School
- Tuesday Nights (Three Sessions Total)
- 6:00 - 7:30 PM
- Ages 13 - Adult
- Tuition: \$20 per session or \$55 for all 3 sessions (\$5 off if you pay for all five at once at first session)
- Instructor: John Dellipriscoli, Capital SC Director of Player Development (email [john.dellipriscoli@gmail.com](mailto:john.dellipriscoli@gmail.com) for questions and more information)
- Pay cash or check on site per session (checks can be made out to Capital Soccer Inc.)

# Tuesdays

## 7/23, 7/30, 8/6