



July 6, 2017

Dear Players and Guardians

Hello and welcome! We are excited that you plan to join us for one of Capital Soccer's Educational Programs. The first day of your camp is right around the corner. **Next Monday, (July 10<sup>th</sup>), we are asking all players and guardians to arrive early to the first session.** Below, please find your program running next week, and the time to which players should arrive for check in.

- **Montpelier High School:** Junior Dragons, ½ Day Camp, and Full Day Camp. Please arrive at 8:30am for check in.
- **Stowe Polo Fields:** Junior Dragons and ½ Day Camp. Please arrive at 8:30am for check in.
- **People's Academy High School:** ½ Day Camp, Junior Dragons, and Full Day Camp. Please arrive at 8:30am for check in.
- **Striker School & Goalkeeping Academy** at Montpelier High School: Please arrive at 12:30pm for check-in.

On Monday, we will take care of some administrative issues, introduce the staff, and talk about the schedule for the program. This will take place at our parent meeting, which will begin promptly at **9am**. It is very important for each player to have a parent (or other adult representing them) in attendance at the meeting. For players attending our Striker School and Goalkeeping Academy at Montpelier High School, that informational meeting will take place at **1pm**.

Historically, this week of camp has been warm. It is very important that players come equipped with clothing for all types of weather that we may experience throughout the week. **In addition, for all players who are attending a full day of camp, please note that Capital Soccer does not provide food, and that individuals should come equipped with a lunch box full of enough food to last the entire day. In addition to proper nutrition for a full day of soccer, each player should also come with plenty of water and/or sports drink for proper and healthy hydration.**

The following is a list of items I would recommend you bring to camp on a daily basis:

- Soccer shoes and flat soled shoes or sneakers
- **PLENTY of water and a healthy snack**

- Sunscreen
- Shin guards
- Medication (if needed): Example: Asthma Inhaler
- Sweatshirt and sweatpants
- Raincoat and hat

If you have an open balance, we kindly ask that you log onto your Blue Sombrero account, via the Capital Soccer website, and submit payment. Checks can also be sent to us, at: Capital Soccer Inc., 4 North Park Drive, Montpelier, VT. 05602. *Please note that players with an outstanding balance will not be allowed to participate until the tuition is paid in full.*

Capital Soccer will provide you with a challenging, creative, supportive, and fun environment. If you would like to learn more about our programs, please feel free to browse our website at [www.capitalsoccer.net](http://www.capitalsoccer.net) Additionally, if you know of other individuals who are interested in enrolling in the program, we will be accepting applications at the door, 30 minutes prior to the camp start.

We look forward to seeing you on Monday, shortly before the start of your program, so we can handle check in effectively.

Sincerely

George Cook, Director

