

THE RED & BLACK

CAPITAL SC'S NEWSLETTER



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CLUB UPDATES

BOOTS FOR BUDDIES

Got any lightly-used gear that you'd like to donate? Bring it to your next training session and participate in our [Boots for Buddies](#) drive!

SCHOOL OF THE REGISTA

We are still accepting registrations for the [March/April Special Session](#) of the School of the Regista! Class is on Thursdays from 4:30 – 5:30 PM at the Civic Center!

CLUB WEEKEND AT JAY PEAK: APRIL 26-28

Capital Soccer Club is excited to travel to Jay Peak Resort for our 2019 Club Training Weekend!

Our club training weekend has been a popular and important part of our club season for the past several years and this season we are upgrading to the state-of-the-art facilities at [Jay Peak Resort](#).

Club players will arrive on Friday, April 26th and will stay two nights in the [Stateside Hotel and Baselodge](#). Teams will participate in pre-season training throughout the weekend on

the two brand new turf fields (as shown in the picture above).

Additionally, players and coaches will have access to the famed [Jay Peak Indoor Waterpark](#) as well as the 142-seat movie theater and arcade inside of the Clips and Reel Center.

There is still time to register for the club weekend! Please use the link below and make sure you reserve your spot before March 1.

[Jay Peak Club Weekend Registration](#)

TRAIN TO COMPETE

Session II of TTC is still open for registration!

The second session includes six classes in the weight room.

Click [here](#) to register and get more information.

Pickup #streetsoccer Continues

Capital Soccer Club has continued to host pickup #streetsoccer throughout gyms in Central Vermont this winter.

The Stowe #streetsoccer crew (pictured here) have quickly built up a reputation as being [extreme ballers](#).

Starting 3/6, we will take #streetsoccer to the Civic Center on Wednesdays from 4:30 – 5:30 PM, as well as in gyms in Montpelier, Waterbury, and Stowe at various times. Keep an eye on our social media to see when and where!



"The SheBelieves Cup is a positive event in many ways, but it's extremely valuable to get three challenging games against World Cup-bound teams in a short time span that can simulate navigating through group play." – Jill Ellis, Head Coach of the US Women's National Team ahead of the 2019 SheBelieves Cup. The US play Japan in Chester, PA on Feb 27 to kickoff the tournament.

The US Women's National Team is looking to defend their [World Cup championship in France](#) this summer! Before they head to Europe however, they will fine-tune their game in the 2019 SheBelieves Cup. Click [here](#) to see the schedule of matches and make sure you get a preview of this summer's stars!

UPCOMING EVENTS:

03/02

Capital SC begins indoor leagues and youth clinics. Click [here](#) for all offerings!

03/09

CSC 2000 Boys play at the [GPS 2019 March Madness College Showcase tournament](#).

03/23

CSC 05/06 Girls play at the [2019 Seacoast United Premier Invitational](#).

03/26

Stowe Arena opens for [CSC after-school programs](#) and adult leagues.

Highlighted Clip: Train to Compete Session 1

