

THE RED & BLACK

CAPITAL SC'S NEWSLETTER



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CLUB UPDATES



BARCELONA TRIP FUNDRAISING

Click [here](#) to read about the results and winners of the raffle and a special thank you from Capital SC.

SCHOOL OF THE REGISTA

We are now accepting registrations for the [March/April Special Session](#) of the School of the Regista! We are offering classes for players '00-'04 and '05-'08.

BOOTS FOR BUDDIES DONATION DRIVE

Capital Soccer Club is proud to announce it's new donation program, *Boots for Buddies*.

With the spring season right around the corner and new gear being purchased in anticipation, Capital SC has created a program to donate old cleats, balls, and other gear to a partnering community.

Further, if you do not have any old gear to pass on, we have set up an [online donation site](#) where you can support the partnering community.

Our first community is the **St. Simon Katuugo Catholic Parish in Uganda**, ministered by Fr. Jude Ssewankambo. The parish is composed of 23 village chapels in the Kiyinda-Mityana Diocese in Uganda, with approximately 4 villages attached to each chapel.

The photo above is a recent picture of pickup soccer in one of the villages. The children in the St. Simon Katuugo Parish love to play the beautiful game and Capital SC is thrilled to partner with this special community. Click [here](#) for more information.

TRAIN TO COMPETE

Session II of TTC is open for registration!

The second session includes six classes in the weight room.

Click [here](#) to register and get more information.

Waterbury Winterfest and Capital SC

Capital Soccer Club is hosting a [Snow Soccer 8v8 Coed Tournament](#) on Saturday, February 2, from 12 PM to 2 PM, as part of the Waterbury Winterfest celebration!

Capital SC is also partnering with [Waterbury Youth Soccer](#), who will be hosting Soccer Olympics alongside the tournament, from 11 AM to 1 PM on 2/2.

[Waterbury Winterfest](#) kicks off on January 25th and is a great 10-day event that Capital SC is thrilled to join!



"Looking up at the crowd, you can see how many people actually care about us and what we've done as a team...It's always good to see that so many people came out here to support us."

- Will Lapointe, Senior at Harwood Union HS and Capital SC 2000 Boys' Premier Team, after HUHS won the 2018 Vermont Division II State Title, which completed an undefeated season. [as quoted in [Times Argus](#)]

Capital SC players and coaches had an incredible year in high school soccer in 2018 – among the honors, Harwood's [Will Lapointe](#) was named to the United Soccer Coaches' All-New England Team and St. Johnsbury's [Pablo Gonzalez-Rotger](#) was named to the All-American Team!

UPCOMING EVENTS:

02/01

Registration for [Spring Weekend](#) (4/26-28) at Jay Peak Resort begins

02/02

[Waterbury Winterfest](#) 8 v 8 Coed Snow Soccer Tournament

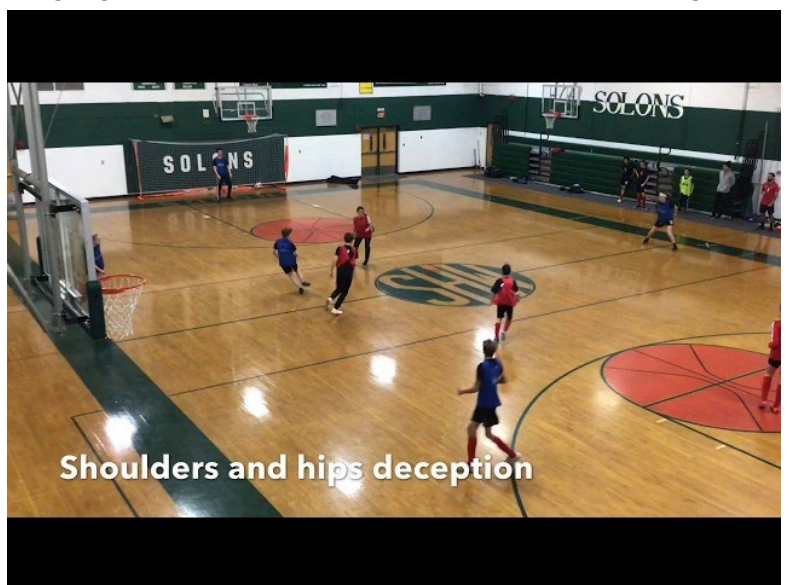
02/15

[Referee Certification Course](#) at U-32 High School

03/02

Capital SC begins indoor leagues and youth clinics. Click [here](#) for all offerings!

Highlighted Clip: Body Deception (School of the Regista)



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