

| Winter Training Schedule | | | | |
|------------------------------|-------------------------|---------------------|--------------------------|--------------------|
| | First in Fitness | | | |
| | Field 1 | Field 2 | Field 3 | Field 4 |
| 4:30pm | U8 Futbolistas | 09/10 Youth Academy | 04 Boys | 05 Boys |
| 5:30pm | GK Training | 06 Boys | 07/08 Boys | 07/08 Boys |
| 6:30pm | GK Training | 07/08 Girls | 05/06 Girls | 05/06 Girls |
| 7:30pm | 02 Boys | 02 Boys | 03/04 Girls | 03/04 Girls |
| Winter Training Dates | | | GK Training Times | |
| <i>November Dates</i> | 4, 11, 18, 25 | | 5:30-6:00 PM | 04B, 05B, 09/10 YA |
| <i>December Dates</i> | 2, 9, 16, 30 | | 6:00-6:30 PM | 07/08G, 05/06G |
| <i>January Dates</i> | 6, 13, 20, 27 | | 6:30-7:00 PM | 06B, 07/08B |
| <i>February Dates</i> | 3, 10, 17, 24 | | 7:00-7:30 PM | 02B, 03/04G |